Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Saturday 07 May 2022 until 23:59 on Sunday 08 May 2022

Forecast Issued on Saturday 07 May 2022 at 00:55 by Met Office Aberdeen

Confidence: High for settled Saturday, some patchy rain Sunday, more persistent rain Monday and showery from Tuesday, but medium for the detail of cloud cover, particularly in the transitions.

Headline for Saturday 07 May 2022: Most staying dry with good periods of sunshine, but cooler than Friday.

Mountain weather hazards on Saturday 07 May 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny intervals	Cloudy	Sunny intervals	Cloudy	Cloudy
Precipitation probability					
00%	00%	00%	<05%	<05%	00%

Forecast for Saturday 07 May 2022

Weather: Most if not all will stay dry with good clear then sunny spells appearing across the area. However during the afternoon cloud may bubble up to bring the odd isolated light shower, particularly towards the Great Glen.

Chance of cloud-free hill tops above 800m: Near 100%

Low cloud and visibility: Typically good or very good, briefly moderate in any showers and very poor within associated cloud that briefly clips the summits.

Check our weather forecast every day to get the most accurate and up to date information
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Forecast for Saturday 07 May 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/9 N	4/7 N	4/8 NW	6/10 W	7/10 W	7/10 SE	15/19 SE
900	6/8 N	4/6 N	4/8 NW	6/10 W	7/10 W	6/9 SE	14/17 SE
600	4/6 N	3/6 N	4/7 NW	5/9 W	6/9 W	4/6 SE	9/12 SE
300	2/6 N	1/5 NE	2/6 E	4/8 W	3/8 W	1/5 SE	2/8 SE
Glen	3/6 NE	2/5 W	5/8 W	5/9 W	4/7 W	2/3 NE	4/7 SE

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-0/-4	1/-1	3/2	5/3	5/3	4/2	4/-0
900	1/-2	2/0	4/2	6/4	6/4	5/3	4/1
600	3/2	5/3	7/6	8/7	8/7	7/6	6/4
300	5/4	8/7	10/10	12/11	11/10	8/8	7/7
Glen	8/7	10/10	12/11	13/12	12/12	10/10	10/9
Freezing Level*	800m	900m	1100m	1200m	1300m	1400m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Severe wind chill at first at height. Sunburn in exposure.

Forecast for Sunday 08 May 2022
Weather: Most staying dry again with best of the bright and sunny spells expected towards the Great Glen. However cloudier than Saturday with some patchy light rain developing at times in the west, particularly to the north of Torridon and from mid-afternoon.

Maximum wind: South mean 25mph with gusts reaching 40-45mph across most exposed ridges and summits.

Chance of cloud-free hill tops above 800m: 90% plus across eastern and central ranges, 80% lowering 60% later for western most ranges.

Low cloud and visibility: Typically good or very good, becoming moderate perhaps poor in rain across west and very poor within associated cloud that becomes broken from 600m at times, particularly later in the day.

Temperature: **Glens:** Plus 4 Celsius increasing 16 Celsius during the afternoon
At 800m: Plus 4 Celsius increasing 8 Celsius during the afternoon
Freezing level: Around 1500m

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